

Editors Note



Hi Everyone,

Welcome back to 2015.

We hope you all had a good festive season with family and friends and are now refreshed and ready for another big year!

We hope you enjoy this summer edition of Gas Lines.

To stay in tune with what's happening like our face book Page.

Nalasha





*****December

Sean Brooker Zoran Gjorgjijoski Neil Lamb Bevan McWha

★January

Nathan Bartlett Paul Bennett Luke Dixon Benjamin Harris Jack Jolliffe Paul Origlia Nicholas Padjen Aaron Wallace Jason Wallace Michael Wise Gavin Richardson Nicholas Bergholcs

★February

Okhan Akturk Richard Collins Shane Cross Ken Drew Cory Mitchell Steven Jamison

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Toolbox Talks

IMPORTANT: If you haven't read any of these toolbox talks please speak to your Supervisor or contact HR to obtain a copy.

TBT# 53 – APA Procedure – Performance Outcomes Mainlaying

TBT#54 – APA Procedure – Meter Work, Installations, Changes & Removals

TBT # 55 - Driving whilst fatigued

TBT# 56 - APA Bushfire Protection Plan

TBT # 57 - Keeping Hydrated

TBT # 58 – Fire Extinguisher Rupture Safety Bulletin

TBT# 59 – APA Manual Handling Procedure

TBT # 60 – Work Cover NSW Hard Hat requirements

Director Note



Welcome to Mac Gas 2015, I hope those who had a break over Christmas got to enjoy the great weather we had (apart from those few unpredictable storms), and recharged for the year ahead.

On a serious note we will be increasing the effort and detail we go to following any incident or near miss. The minor incidents and near misses are where we have the greatest opportunity to learn what went wrong and correct it, minimizing the risk of a major incident or injury.

I know there will be times when you really think it is all over the top, but just think how you would feel if you could have helped prevent an injury to yourself or one of your colleagues but didn't because you thought it was a waste of time.

The investigation process is about finding the root cause/s so it can be eliminated or better controlled. I know you hear all the time "it's not about blame" and it's not but it is about accountability. We should always be trying to improve our ability as a group to make better decisions, use better judgment or learn to speak up when something doesn't seem right. Covering up, in an effort to protect someone, helps nobody in the long run. Burying our head in the sand is not conducive to an injury free workplace, or a sustainable business.

A few years back a working group was looking at what makes Mac Gas a good place to work and how we can maintain and even improve that. Our culture was identified as key, our future success relies heavily on new people in the business understanding our culture and getting on board. They determined that culture can take some time to understand and you need to experience it rather than just learn it, they did however agree that our culture relied heavily on a few core principles... and Macarthur Gas "S.I.T.E" was borne.

S.I.T.E is an acronym for the core principles of our culture, **S**afety, **Integrity**, **Teamwork**, and **Enjoyment**. Everything starts with safety to enable us to enjoy the results of our efforts, integrity and teamwork ties it all together for long term success.

We didn't pay big dollars like a corporate company would have for marketing geniuses and gurus to come up with a slogan or something to try and convince people we are something we're not, we paid for lunch and a few hours of discussion to come up with the truth of why we have been around for 20 years.

It never ceases to amaze me how business' come up with a culture statement as the start of a marketing plan. You can't build a culture around a business, but you can build a business around a culture!

Welcome to our SITE!

Chris O'Keefe

Safety Integrity Teamwork Enjoyment

A Message from Senior Manager Tony Ussia



Hi Everyone,

Welcome to 2015. I would like to wish you and your families all the very best for the year ahead.

This year Mac Gas will be concentrating on further improving all areas within the company with the focus on moving from a reactive approach to a proactive approach within each aspect of the business, such as safety of the workforce, environmental and providing quality service. There will also be a fair bit of training and assessments conducted this year which will enable us to identify and skill/ knowledge gaps early and act on them accordingly.

The young Civil/Engineering team is doing very well, they are fully focused on their projects and aware of the formula to success. Some projects that they are delivering are Integrity Digs on the High pressure truck mains, steel main projects and the larger civil jobs. When I talk around the "traps" there are many opportunities to grow in this area and I am confident if we continue doing what we are doing at present this area will grow rapidly.

I would like to congratulate Sal and his wife Steph on the birth of their beautiful daughter Olivia and wish them all the best. Please take a look at the recent events section of the newsletter for pictures.

I had the opportunity to spend a few weeks in the Plumbing area and I can honestly say Mac Gas is the best Gas fitting Plumbing Company in Sydney. The vast range of Gas fitting works that is performed by this area is underestimated. The problem in this area is to keep the worthy plumbers and stop them from being "poached" by other companies.

The Riverina staff are on track and will be soon relocating to a new depot in Wagga Wagga. Macarthur Gas has been invited to tender additional work and by having this functional depot it should improve our chances of winning the work.

The insertion program is ahead of schedule and they are always looking at ways to further take any grief away from our client which we all know is the formula to success.

I am proud to announce that the APA Group is very proud that they have had Zero Lost Time Injuries (LTI) from employees/contractors for the last 12 months.

Until the next edition of Gas Lines, take care and have fun out there.

Tony Ussia

A message from Plumbing Manager Murray Overton

G'day Everyone,

Welcome back to the New Year which is already shaping up to be a BIG ONE.

Things are off and running in the plumbing department with two new plumbers joining our team, Nicholas Bergholcs and Peter Fenech, please make them feel welcome and say hello if you see them around.

We have had a substantial project alongside El Gas for land and housing at Minto which involves the installation of cookers and hot water to ninety homes, then the conversion back to natural gas later on in the year.

We are also slowly preparing for our regular heater program with the Department of Commerce that will cover approximately 250 schools throughout Sydney.

There will be a vast number of commercial jobs commencing this year, one of which is for our Civil Department down in Canberra on a new training facility for Jemena.



There are a few good news stories that I would like to share and the first being Paul Origlia, our 3rd Year Apprentice who has successfully completed his Certificate 3 in Plumbing at TAFE. Paul is now undertaking his Certificate 4 which will enable him to gain his plumbing licence. Congrats and all the best to him.

Also, the plumbing department would like to congratulate Sal on the recent birth of his daughter Olivia and wish him and his family all the best during this very exciting time.

Justin Pascoe has reached his 8 Years' Service at Mac Gas and I would like to thank him for his ongoing input and loyal service to the Plumbing department and also companywide.

Congratulations to Jack Jolliffe who has recently completed his probationary period successfully.

Overall it has been a great start to 2015 and I can already see it is going to be a busy one.

I hope you all have a safe and productive year.

Murray Overton

A message from Riverina Manger Peter Magnone



It's great to see summer is coming to an end and hopefully we will see some cooler weather on the cards shortly.

All employees have had a great break over the Christmas period and are right back into the swing of things down here in the Riverina.

The Riverina team were all in great spirits and had a great time at the Christmas party which was held at the Wagga Wagga winery.

I am pleased to announce that we have been awarded the job at Culcairn to under bore Billabong Creek and replace with 200mm PE main. We also completed a steel main and a cocoon installation prior to Christmas on Farrer Road.

Mains renewal is moving along nicely and we are currently ahead of schedule. It's great to be in this position at present before the rain comes.

I would like to welcome Luke Cownie and Lachlan Van De Donk to our team. Luke has come down from Sydney to work with his father Mick and Lachlan has come across from ZNX.

Not sure what's in the gas down here but I would like to congratulate Chris & Amy, Grant & Lisa, Ben Salan & Maddison and Andrew & Ash who are all expecting new born's this year.

Hope you all have a great 2015.



Above is a picture of Kelly Magnone (Peters Wife) and Amy Collins assisting Mick Cownie to get up on the tractor at the Wagga Christmas Party.





Chinese Lantern Carnival

Tumbalong Park Sydney 19th Feb to 22nd Feb 2015

Ben and Jerry's Open Air Cinema Located on the dolphin lawn in Bondi overlooking Bondi Beach Until 1st March 2015

> **Moonlight Cinema** Belvedere Amphitheatre, Centennial Park Until 29th March 2015

ICC Cricket World Cup 2015 Sydney Cricket Ground Moore Park 27th Feb – 26th March 2015

WAGGA WAGGA



Riverina Concert Band - Afternoon Concert Sun 01 Mar 2015 Victory Memorial Gardens, corner Baylis and Morrow Streets, Wagga Wagga

> **Clean Up Australia Day** Sun 01 Mar 2015 Various locations throughout Wagga Wagga.

Eat Local Thursday Selected Dates until Thu 31 Dec 2015 Thu 05 Mar, Thu 12 Mar, Thu 19 Mar, Thu 26 Mar Murrumbidgee Turf Club, Travers Street, Wagga Wagga

Sunday Markets Monthly on the 3rd Sunday Sun 15 Mar 2015 Myer Carpark, O'Reilly Street, Wagga Wagga

Tarcutta Markets Monthly on the 3rd Saturday Sat 21 Mar 2015 Tarcutta Soldiers Memorial Hall, Sydney Street, Tarcutta

Riverina BMW Wagga Wagga Food and Wine Festival Sat 28 Mar 2015 Civic Centre Precinct, entry off Tarcutta and Baylis Streets, Wagga Wagga

> Markets by the Lake Selected Dates until Sat 12 Dec 2015 Sat 04 Apr Apex Park, Lake Albert







<u>The Importance of reporting all First Aid</u> <u>Treatments</u>



Mac Gas is committed to the provision of an effective system of first aid management to protect the health and safety of all personnel as a requirement of the WHS&E Act and our Quality Management System.

This policy applies to all who may be affected by first aid treatments resulting from work activities, whether on Mac Gas premises or on Mac Gas sites.

It has come to our attention that First Aid Treatments have not been reported. First aid kits are inspected on a monthly basis and we have found that the tamper tags have been broken but usage not reported and consequently stock not replaced.

It is the responsibility of all personnel to report any first aid treatments in order for us to replenish the stock being used.

Please remember that if you use the first aid kit ensure you complete MCG-FOR-005I v2 First Aid Contents Request Form If there has been an injury ensure you have reported it and complete MCG-FOR-006A v1 Employee Injury Report



Five Ways to balance work and Life

Research shows that nearly one in five Australians work 10 or more hours each week than their job requires. Fifty per cent of working woman struggle to balance the demands of work and family life. The majority of people aged between 25-54 years admitted they were unhappy with their current work-life balance situation. The Australian Bureau of Statistics reported that women who work from 16-34 hours per week were more likely to adopt a sedentary lifestyle than those who worked less hours. **Here are a few ways to maintain balance for your own health and happy WORK LIFE BALANCE.**

1. Make an exercise plan

Making time to exercise is crucial to balance a busy mind. If we want to be good mums, good dads, good partners and good workers, then that begins with taking care of our own wellbeing. To stay on track follow an exercise plan that is "realistic". "It is better to choose an activity that you naturally enjoy. For a lot of people, a walk is a good starting point.

2. Plan meals ahead

Planning weekly family meals ahead of time and cooking at the beginning of the week can be useful when time permits. Another tip is to prepare a weekly plan of recipes that you can turn around quickly on a week night. Try to find really quick and easy meals you can make in under half an hour. And don't feel guilty if you occasionally dial up for dinner during the week. As long as children are eating mostly healthy meals through the week, it's ok to serve baked beans on toast or takeaway once in a while.

3. Remember your passions

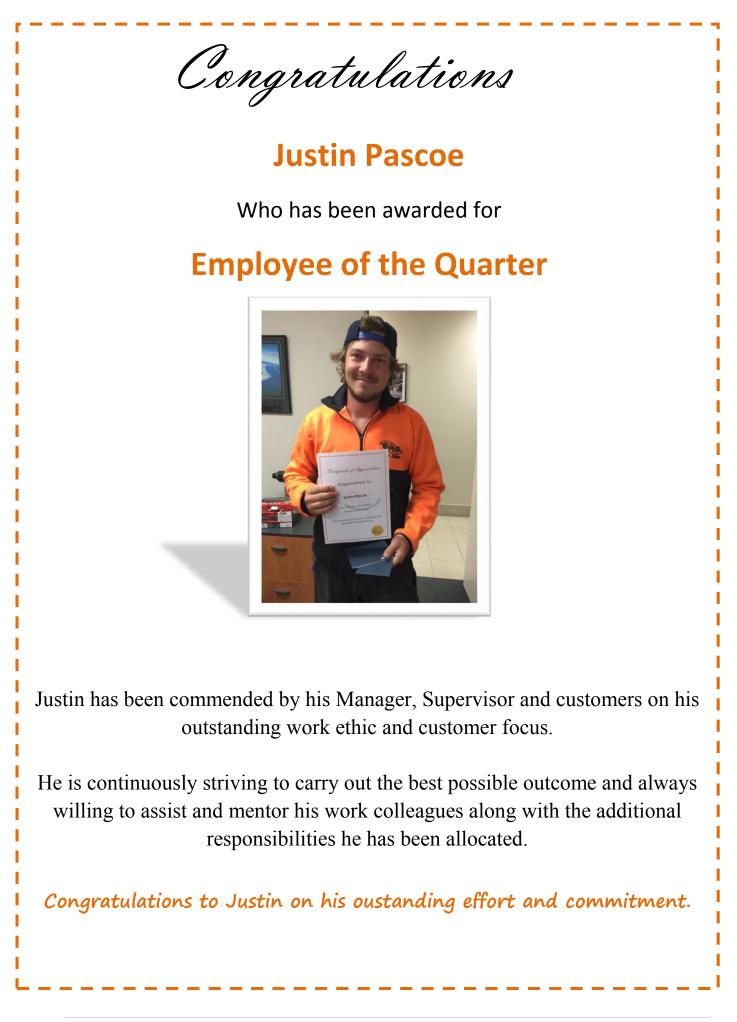
Whether you have your own business or are climbing the corporate ladder, as a working parent it's important to keep your goals in sight, "Something that creates meaning and purpose in your life. Parents who sacrifice their passions when they become parents can be in for a shock when their little ones grow up. It can become difficult when kids gain their independence and move away. And remember why you love what you do – it's the ultimate confidence booster. It's important for working parents to recognise the value that they get out of working and what that contributes to themselves and their lives.

4. Time for the family

When you arrive home, instead of rushing to get dinner ready, take some time to check in with your family. Talk about what was good about their day without the distractions of television and social media. This is also a good time to teach children responsibility and get them involved in domestic duties such as setting the table for

5. Make time for you

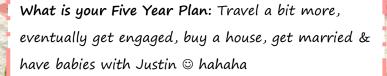
It is difficult to be a good support to your family if you're not scheduling in your own downtime. You can't look after other people very well unless you are looking after yourself. This might be as simple as asking your partner to take the kids out for an afternoon, while you read a book, or go out and watch a movie with a friend. A few great friends who are supportive and fun to be with can offer a reprieve from work and family life. Employee of the Quarter



Interview with Amy Whetland

Name: Amy Margaret Wheatland Age: 20 Interests & Hobbies: Making terrariums, singing loudly in the car & sleeping Favourite Food: PIZZA! Favourite Drink: Water with a slice of lemon, then squishing it up with a straw © Favourite Football Team: Penrith Panthers Favourite Travel Destination: London or anywhere in Europe Favourite Movie: Guardians of the Galaxy – I Love Groot! Pick one word that best describes you: Whimsical © Where did you grow up: The good Ol' Riff (Penrith) haha

Amy has been employed at Mac Gas as a Receptionist Since April 2014. Those of you who know Amy will know she is a very bubbly, funny and outgoing young lady. She is always polite and willing to assist others!



What celebrity would you choose to have dinner with and why: Does anyone have to ask me twice? Harry Styles OF COURSE! Because he has to meet me somehow and fall in love with me ©

Who do you admire as a role model and why: My mum, because she raised me as a single parent and done an amazing job (Obviously) © haha

What do you like most about working at Mac Gas: How caring everyone is and how we all get along like a little family! And of course the quick visits from Justin © he he

Recent Complimentary Letters







Hi Neil,

Please be advised that this morning we received a call from a member of the public wanting to thank Dennis and Mark for their efforts rescuing their two dogs who were running lose yesterday. According to the owner, Dennis and Mark caught the two dogs, called him and waited with them while they waited for the owner to arrive. He is extremely grateful that they went out of their way to help when they didn't have to. His dogs are now happy and safe at home back where they belong. Cassie

Dear Butch,

We would like to thank you on behalf of the Owners Corporation and the Executive Committee for your outstanding service and expert advice. Diana Sangue On behalf of SP 31943

Hello Team,

Please pass my thanks onto Mac Gas for their great response to Job no: 595795, Forest Road Arncliffe. Excellent work. Thanks to all involved. We appreciate it.

Steve Ducasse Net Connect Jemena

Hi Murray,

Please thank Luke Dixon for being pro-active about this and getting the issue rectified. This shows that the processes and controls we are putting into this is working.

Thank you Project Coordinator Jemena

Congratulations to Benjamin Harris and Lachlan Van De Donk for receiving the below feedback from the APA Group. "Compliment to the crew leader and supervisor on turning away non inducted sub-contractors to complete underbore. Courage to stop a job that involved two hours travel that would have not have complied with APA policy and procedure is pleasing to know is occurring in the field and shows a proactive approach to our safety requirements".

NEW CUSTOMER SATISFACTION REWARD PROGRAM

Macarthur Gas has now introduced a new customer satisfaction reward program for personnel who receive a customer compliment.

The initial proposal is a reward value of \$20.00 per compliment, payment to be made monthly by voucher. The Directors will review this each month, and the reward value may be changed depending on the results and value being achieved.

Qualification of a compliment will be accepted by email, web page or Facebook message, letter, or phone call and must be auditable.

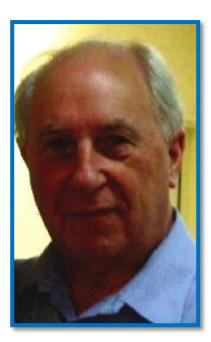
Recent Events

Condolences

Mac Gas would like to send their sincere condolences to the Walton family for the recent loss of Brian Lawrence Walton.

Brian was a long term participant in the Gas Industry and was a prominent participant of the Gas Industry since joining AGL over 35 Years ago. He was well known to people from his position at systems control engineering.

Our thoughts are with his family.





GOOD LUCK

Beautiful Baby Girls



Congratulations to Sal (Civil Manager) and his wife Stephanie on the arrival of their precious baby girl Olivia born on the 6th February 2015.



Also Congratulations to Ahmed Sakar and his partner on the birth of their baby girl Ayesha Sakar born on the 15th January 2015.



A BIG thankyou to Dennis who purchased tickets for some employees at Mac Gas to watch the Rabbitohs Vs St George Illawarra Dragons.

Here are some photos of Troy Castray's son having lots of fun with his mates at the game!

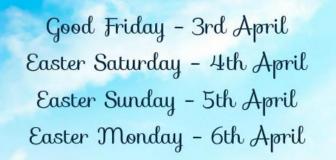


Congratulations to Mark Ogilvie for Making Newtown Jets First Grade football Team in 2015.

We wish him all the best on this adventure!

If anyone would like an autograph of Mark feel free to contact him.

Up coming events



Anzac Day - Saturday 25th Aptil



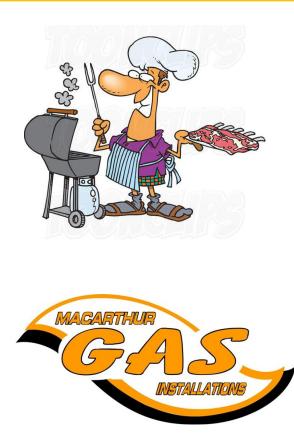
Summer is almost over....

So hurry and install a gas BBQ point before it's too late:

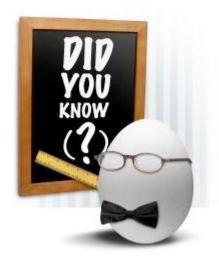
- Never run out of gas half way through cooking
- No need to take your LPG gas bottle to be replaced
 - Natural gas connection available
 - Conversion of BBQ from LPG/ Natural gas

With every BBQ gas point installed we are offering a FREE additional gas point to all Mac Gas Personnel & their family.

> Spread the word and call 8786 3820 for more information Limited time only, conditions apply!

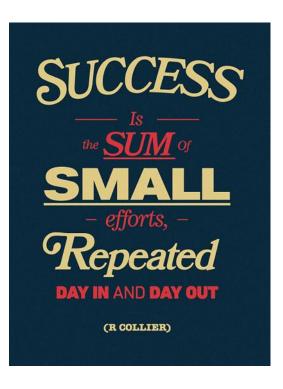


Fun Facts



- \checkmark Cats average 16 hours of sleep a day, more than any other mammal.
- ✓ People do not get sick from cold weather, its from being indoors a lot more.
- ✓ Chickens will not walk on ice.
- ✓ Chewing gum while peeling onions will keep you from crying.
- \checkmark Apples, not caffeine, are more efficient at waking you up in the morning.
- \checkmark The film Titanic cost more than the Titanic
- ✓ The largest traffic jam ever was 177 kilometres long.
- \checkmark Men are 6 times more likely to be struck by lightning than women.

Quote of the Month





HAVE YOU GOT YOUR NUMBER?

From 1 January 2015 each student will need a Unique Student Identifier (USI) to obtain their certificate or qualification from their registered training organisation, when studying nationally recognised training in Australia.

This includes studying at TAFE or with a private training organisation, completing an apprenticeship or skill set, certificate or diploma course.

A USI gives you access to your online USI account which will help keep all your training records together.

For more information visit **www.usi.gov.au** or ask your training organisation.

Are you ready for the USI? WWW.USI.GOV.AU



Macarthur Gas Pty Ltd Gas Lines Newsletter

Summer Edition 2015



Created by Natasha Nedanovska